

	Family Support	Mental Health	Shared
1. What resources are available in our community?	<ul style="list-style-type: none"> ○ DWS ○ Home Visit ○ EI ○ Family Class/Parenting Classes/School Districts ○ Welcome Baby ○ 211 ○ Plan on the DRI—Autism ○ Playgroups ○ Parent Play ○ Workplace wellness coordinator ○ Community based ○ Adrian Akers ○ Women, Infants, and Children (WIC) <ul style="list-style-type: none"> ▪ Nutrition Education for anyone interested in learning. (Website) ▪ Breastfeeding Hotline ▪ Food for those who qualify for WIC ▪ Breastfeeding Support, Education, and Pump Rentals for those eligible for WIC 	<ul style="list-style-type: none"> ○ CCR&R Mentoring to Child Care Homes (begins June 1) <ul style="list-style-type: none"> ▪ Touchpoints training—for Child Care staff (Barry Brazelton, \$60/per person) ▪ Future: inviting pediatricians and parents ○ MH Training and Support (and eventually to centers) ○ Welcome Baby Home Visiting ○ Wasatch Mental Health—Medicaid 0-3—Therapy room for screening and treatment <ul style="list-style-type: none"> ▪ Parent Ed component; also specific evidence based relational therapy ○ Early Intervention Programs ○ Parenting Class at BYU Comprehensive Clinic ○ Parents As Teachers ○ Nurtured Heart—parenting—Michelle Bahr (Nebo School Dist. Medicaid) ○ Love Limits Latitude—offered at different sites ○ Adventure Time—Parenting Program ○ Head Start & EHS/Step-Parenting Classes (grant Utah State) ○ Love & Logic—different places ○ School psychologists/Alpine uses Wasatch MH ○ Good Touch/Bad Touch Classes—Children’s Justice Center ○ LDS family services—family relations/marriage class ○ Giant Steps—Autism ○ Prevention <ul style="list-style-type: none"> ▪ Latinos in Action ▪ Rad Kids ▪ Scouting ▪ After-school programs ▪ Special needs programs—Mapleton ▪ Assessments—Kids Who Count 	<ul style="list-style-type: none"> ○ Home Visiting <ul style="list-style-type: none"> ▪ Welcome Baby ▪ PAT ▪ EHS ○ Parenting Classes <ul style="list-style-type: none"> ▪ BYU Comprehensive Clinic ▪ Head Start & EHS/Step-Parenting Classes (grant Utah State) ▪ LDS family services—family relations/marriage class
2. What resources are (or can be) shared in our community?		<ul style="list-style-type: none"> ○ Brenda & Wasatch M.H., K-12—Could reach out to Nebo School Dist., STRIDE (Parenting component /Nurtured Heart) ○ Most resources can be and are shared—PIC helps 	
3. What new resources do we	<ul style="list-style-type: none"> ○ Model of Parent Group ○ Transportation and work schedule 	<ul style="list-style-type: none"> ○ 3-5 yr. old special preschool—and those who don’t qualify/parent ed. esp. So. County (Pre- 	<ul style="list-style-type: none"> ○ Identifying Gaps and Barriers ○ Resources for those not qualifying for

<p>need in our community?</p>	<ul style="list-style-type: none"> ○ Work place—training workplace wellness ○ Schools ○ Summer parenting classes <ul style="list-style-type: none"> ▪ Parenting for infants—Realistic expectations ▪ Realistic expectations of child development ▪ Expectation of community teachers—Zero to Three ▪ Web based—more realistic idea—high school ○ More parental home visitation <ul style="list-style-type: none"> ▪ More contact at prenatal and birth ▪ Educational systems ▪ Hospitals ▪ Partnering up from birth ○ More education and prevention ○ Virtual classrooms ○ System of parenting support <ul style="list-style-type: none"> ▪ Seattle—Molly Penel, from birth ▪ Magic of follow-up ○ Hospital—Packet <ul style="list-style-type: none"> ▪ 1 item ▪ Care Provider ▪ One really good book ▪ DVD—Family networksupporting.com ○ Help Me Grow <ul style="list-style-type: none"> ▪ On blanket from beginning ▪ A tummy time quilt that helps me grow ○ Home Visit ○ Parenting Group—area, need, risk ○ Online Component ○ Blogging—online virtual ○ Utahkids@yahoogroups.com <ul style="list-style-type: none"> ▪ Only parents ○ Utah Family Voices ○ Luann Jones—Facebook url ○ Twitter/Facebook—cause—fundraising camp ○ Evergreen Hospital—2 follow up 	<ul style="list-style-type: none"> schools not regulated) ○ Parent support for parents as children over 3 (with/without disabilities) ○ Services for children who don't qualify for special ed. preschool when they exit EI. ○ More autism services (Giant Steps has 100 child waiting list) ○ Supporting breast feeding (to prevent autism) (to support infant development and socialization) ○ Parents need more parenting skills ○ Wasatch expanding services to So. County and other agencies working toward ○ Need Help Me Grow—central Clearinghouse 	<p>existing resources</p> <ul style="list-style-type: none"> ○ Information and Referral: “Help Me Grow” ○ Support from Birth on ○ Parenting Education ○ Teaming with Educational System
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